

*The San Francisco Sailing Company*  
2020 Covid19 Pandemic plan  
May 22<sup>st</sup> 2020

Summary:

This plan covers the San Francisco Sailing Company plan and specific practices we are implementing on our boats. Please see our operational plan for specific changes to our daily operations to address the Covid-19 pandemic and how this information and practices will be applied to our specific vessels and operation.

Who is responsible:

This plan was designed by the owner Erik Ostrander and will be implemented by him and his managers and staff. Each employee, captain, and crew will be responsible for following this plan.

Covid-19:

Preventing exposure:

- Coronaviruses on surfaces and objects naturally die within hours to days. Warmer temperatures and exposure to sunlight will reduce the time the virus survives on surfaces and objects.
- In order to prevent the spread we will have liquid hand sanitizer at the gate, the dock, and on the boat for everyone to use before, during and after the sail.
- Normal routine cleaning with soap and water removes germs and dirt from surfaces. It lowers the risk of spreading COVID-19 infection.
- Disinfectants kill germs on surfaces. By killing germs on a surface after cleaning, you can further lower the risk of spreading infection. [EPA-approved disinfectantsexternal icon](#) are an important part of reducing the risk of exposure to COVID-19. If disinfectants on this list are in short supply, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions). Bleach solutions will be effective for disinfection up to 24 hours.
- Store and use disinfectants in a responsible and appropriate manner according to the label. Do not mix bleach or other cleaning and disinfection products together—this can cause fumes that may be very dangerous to breathe in. Keep all disinfectants out of the reach of children.
- Do not overuse or stockpile disinfectants or other supplies. This can result in shortages of appropriate products for others to use in critical situations.
- Always wear gloves appropriate for the chemicals being used when you are cleaning and disinfecting. Additional personal protective equipment (PPE) may be needed based on setting and product. For more information, see [CDC's website on Cleaning and Disinfection for Community Facilities](#).

- Practice social distancing, wear facial coverings, and follow proper prevention hygiene, such as washing your hands frequently and using alcohol-based (at least 60% alcohol) hand sanitizer when soap and water are not available.

Crew responsibilities:

Disinfecting:

Reducing the risk of exposure to COVID-19 by cleaning and disinfection is an important part of reopening public space

The virus that causes COVID-19 can be killed if you use the right products. EPA has compiled a list of disinfectant products that can be used against COVID-19, including ready-to-use sprays, concentrates, and wipes. Each product has been shown to be effective against viruses that are harder to kill than viruses like the one that causes COVID-19.

This document provides a general framework for cleaning and disinfection practices. The framework is based on doing the following:

1. Normal routine cleaning with soap and water will decrease how much of the virus is on surfaces and objects, which reduces the risk of exposure.
2. Disinfection using [EPA-approved disinfectants against COVID-19 external icon](#) can also help reduce the risk. Frequent disinfection of surfaces and objects touched by multiple people is important.
3. When [EPA-approved disinfectants external icon](#) are not available, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions). Do not mix bleach or other cleaning and disinfection products together. This can cause fumes that may be very dangerous to breathe in. Bleach solutions will be effective for disinfection up to 24 hours. Keep all disinfectants out of the reach of children. [Read EPA's infographic on how to use these disinfectant products external icon](#) safely and effectively.

Communications:

The staff will at all times communicate to our customers that social distancing is required, and expected.

PPE:

The San Francisco Sailing Company will require all staff to wear glasses, masks and latex gloves

Cloth face coverings should—

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

#### CDC on Homemade Cloth Face Coverings

[CDC recommends](#) wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), **especially** in areas of significant community-based transmission.

CDC also advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance.

Please see our “Social Distancing and operational protocol sheet” for more specific information on the practical application of these practices and how we are applying these to our specific boats and operations.

We at the San Francisco Sailing Company have been providing safe, fun, and socially responsible sailing experiences in the City of San Francisco for over 17 yrs. We feel that we are as safe as it gets and that if our protocols are followed the risk of infection from Covid-19 on our boats is non-existent. Though we will do everything we can it is up to the customer to follow the rules and practice proper social distancing to ensure the safety of themselves and their fellow passengers.

Sincerely,  
Captain Erik Ostrander  
Owner/ Founder  
San Francisco Sailing Company